

New Hire Requirements

Welcome to the LISD Go! Fit! Win! Wellness Program. LISD is excited to offer new LISD employees the opportunity to participate in wellness. Please carefully review this handout for steps to complete the requirements and earn the medical plan premium incentive.

STEP 1- REGISTER YOUR ACCOUNT

- 1. Go to www.gofitwinwellness.com
- 2. Click "Wellness Login"

WELLNESS LOGIN

3. Click the "Create an Account" Link



4. Complete the registration process by using your wellness ID [your wellness ID is the same as your employee ID number]

STEP 2- View the New Hire Video (within 30 days of your hire date)

- 1. Go to www.gofitwinwellness.com (do NOT login)
- 2. Hover over "Join Our Team"
- 3. Click "New Hire Requirements"
- 4. Fill out the requested information in the "Guestbook" and click submit

STEP 3- Earn 500 Wellness Points by November 30, 2017 You will receive prorated points based on your hire date.

STEP 4- Complete a Health Screening

If your hire date is January 1, 2017 or after, you (and your spouse if they are on the medical plan) will be required to complete a health screening in the fall of 2017.

*Health screenings will be held at your campus or location beginning in August. Scheduling will be available in late July 2017

If you have any questions, please contact ia Wellness at 806-765-7265 or info@iawellness.com

